

UPCOMING EVENTS

Multicultural Movie Night 10th February-
Mobile Government Office - San Remo..... 1st March
(Centrelink, Medicare, CSA)
International Women's Day 8th March
Jobs Skills Expo 16th March
Filipino Fiesta 24th March
Latino Fiesta 31st March

For further Event Information, Contact: NSS: 43 343877

To look at ALL community events and activities on the coast go to

The Central Coast Community Council website

www.thecccc.org.au

FREE INTERPRETER SERVICE - T.I.S

Remember! To contact Government Departments and community organisations using an interpreter ring **131450** and ask for your language and where you want to call

For Centrelink ring **131 202**.....It's easy!

Remember! YOU HAVE A RIGHT TO ASK FOR AN INTERPRETER AT THE DOCTORS!

For health information in your language go to mylanguage.gov.au

Your local library will have, or can get, books in other languages



Did you know...

CALD is an acronym for Culturally and Linguistically Diverse which means to **spea**n another or different language & come from another culture.

CALD people in our community can visit Northern Settlement Services's Settlement Support Outreach Service from Peninsula Community Centre

every 2nd and 4th Thursday of the month from 10am to 12am

For appointments ring 43 34 38 77



Central Coast Multicultural News

A newsletter designed to support the migrants & refugee communities of the Central Coast

January 2012



Welcome to the first issue our newsletter for **2012**

 **HAPPY NEW YEAR** 



Congratulations!
to all new
Australian Citizens!

On the coast 108 people from Gosford Shire and 37 from Wyong Shire, who came from over 30 different countries, joined in a ceremony on Australia Day to make the pledge to become an Australian citizen. Congrats. to all 145 of you !!

If you have any news or info you would like to share in our newsletter or some information you would like to see here, please drop us a line at Northern Settlement Services.



Northern Settlement Services Limited

Tuggerah Lakes Community Centre
1 Bay Village Rd, Bateau Bay 2261

Tel: **4334 3877**

Email: cc@nssservices.com.au

Website: www.nssservices.com.au



Community Centres

on the Central Coast

Community Centres & Neighbourhood Centres are places to meet people and learn new things for yourself and your family.

A place where you're welcome to:

- ⇒ **join a group:** *Craft groups, Play groups for Children, Senior Groups, Parenting Groups and Groups for Mothers and more*
- ⇒ **get information:** *On your area and community, about different services, about events that are happening near you*
- ⇒ **learn a new skill:** *Learn to do Tai Chi, to paint, to deal with stress, Yoga, Pilates, exercise, cooking and more*
- ⇒ **access some services:** *Counseling, financial advice assistance, childcare, J.P. (Justice of the Peace), Early Childhood, Youth and more*

Make new friends, practice English and more!

Community Centres & Neighbourhood Centres are safe places for you and your family. The people who work there can give you information & show you how to do things.



Contact your nearest Centre & find out what's on in 2012 or visit their website

Most activities and services are **free** at the centres
Some activities cost a **gold coin** or **small donation**.

Women's Health Centres — *for women only!* go to www.cccwhc.com.au for info on a centre near you!



Want to become an Australian Citizen?

You will then have the right to vote, work for the Australian Public Service or Defense Force and be able to apply for an Australian passport and re enter Australia freely, plus more!

1. First you need to find out if you are eligible and prepare for the test. Then fill out the right form, 1300T if you are 18 to 59 years old, gather documents and pay the fee.
2. After you apply you will be contacted about when to sit the test. Prepare for the test!!
3. Prepare for the test!! Use the Citizenship Test Resource-Book. It is also translated in 37 languages on line.
For info see www.citizenship.gov.au or call 131 880



An Hour with the Mayor" (actually nearly 3 hours!)
Community Ethnic Leaders meet Gosford City Mayor, Laurie Maher .

MULTICULTURAL COOKING CLASSES

AT GREEN POINT COMMUNITY CENTRE

Join us the Last Wednesday of each month

February 29th Learn to Cook **Chinese**

March—**Papua New Guinea** dish April - **Italian**

To register call the Centre 43 67 75 91



Want to learn another language??

To learn **Chinese** ring 0424 256 999

Learn **Spanish!** At San Remo on Monday ring 43907888

Learn **Greek** ring 43 85 3059

Γεια σας, ¡Hola, こんにちは

IF YOU WOULD LIKE TO GET IN CONTACT WITH OTHER PEOPLE FROM YOUR OWN CULTURAL COMMUNITY RING NORTHERN SETTLEMENT SERVICES FOR INFO 43 34 38 77



Let's get Connected with friends!

Find out all about using Interpreters in

Interpreter Week

21st - 25th May 2012

- ◆ How to ring an interpreter * How to use an interpreter
- ◆ Are interpreters free? * Can I ask for an interpreter?

You will have a chance to speak to an interpreter and also to some services that provide interpreters

2 information sessions: for community and for service providers

For more information contact NSS on **43 343877**
(organised by the Central Coast Multicultural Interagency)



Your Community Centre

Community Centres — Gosford

Kariong Neighbourhood Centre 10 Langford Drive, Kariong.	Tel: 4340 1724 W: www.ccncforum.org.au
Gosford/Narara Neighbourhood Centre 2 Pandala Road, Narara.	Tel: 4329 4477 W: www.gnnc.com.au
Green Point Community Centre 96 Koolang Road, Green Point	Tel: 4367 7591 W: www.greenpoint-gosford.nsw.au
Kincumber Neighbourhood Centre Unit 1, 20 Kincumber Street, Kincumber	Tel: 4363 1044 W: www.kincumber.nsw.au
Wyoming Community Centre 147 Maiden's Brush Road, Wyoming	Tel: 4323 7483 W: www.ccncforum.org.au
Peninsula Community Centre 93 McMasters Road, Woy Woy	Tel: 43419333 W: www.pccinc.com.au

Community Centres - Wyong

Cynthia Street Neighbourhood Centre 10 Cynthia Street, Bateau Bay	Tel: 4332 7450 W: www.ccncforum.org.au
San Remo Neighbourhood Centre 28 Brava Avenue, San Remo	Tel: 4390 7888 W: www.ccncforum.org.au
Toukley Neighbourhood Centre Heador St, Toukley	Tel: 4396 1555 W: www.tnc.org.au

Kariong Community Fun Festival

Sunday 19th February (Festival Drive, Mt Penang)

Arts & Crafts, Horse Riding, Fun Farm Animals, Jumping Castle, Sports

FAMILY FUN! ALL WELCOME 10am to 3pm

Need a lift ? Please Call 4340 1724



Multicultural Movie Nights



"Film Global"



Proudly presented by

Gosford City Council & Northern Settlement Services

Starts
6.30pm

Next Films SHOWING
Erina Youth Centre (next to Erina Library)
Feb 10th (Spanish), March 9th, April 13th

\$2.00
admission

Tickets Available: Erina Library, Erina Fair or at the door!

Enjoy a cultural movie (subtitled) & sample traditional food!

For Information Contact

Northern Settlement Services 4334 3877

Multicultural Expo 2011



Hosted at Wyong Council Chambers, the event was opened by Mayor Bob Graham and organised by the Central Coast Multicultural Interagency.

Over 40 service providers displayed their information to visitors from over 40 countries.

There were displays of Chinese and Thai Dance, Thai fruit carving and flower making, Chinese calligraphy, Latino dancing, African song and more!

Different communities had beautiful table displays of traditional wares. Visitors were able to ask questions, find out about the various services available to them on the Coast and source information on many topics in their own language.

The diversity of information & visitors was fantastic. Central Coast Disability Network took out the prize for the most interactive table on the day.



Are you over 50?



Join in on the free activities for you
at Kibble Park Gosford

Poi Twirling: Wednesdays 10am to 11:30am fun, low impact. Great for balance

Yoga: Wednesdays from 9am to 10:30 am

Quigong: great for stress, balance, breathing & posture

Drumming for Seniors: 13th, 20th and 27th of February

All info on Gosford Council website or ring NSS



Have an aged relative or know someone
with a disability from a CALD background ?

Come & join our
Social Outings, Groups & Carer Support

Multicultural Social Support Program

At Northern Settlement Services Ltd 43 34 38 77



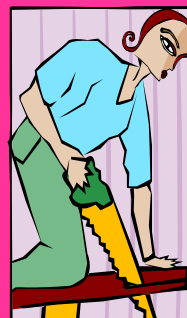
The Men's Shed.

Come together in a workshop

Learn new skills! Meet new mates!



In many locations on the Central Coast. For info call 0413 244 484



HOME MAINTENANCE FOR WOMEN

Learn to Fix things!

San Remo's Men Shed

Wednesdays from 1:30pm

Call for more information: 43 90 78 88